

OUR SERVICES

This brochure offers a very brief description of the various services provided by COGI. Additional information is available with program specific brochures and on the COGI website (www.coginc.org).

If you are interested in speaking with COGI Staff or Administration about any services we offer or to schedule a meeting, please contact our office at 570-628-6990, toll free 800-264-1290 or via email. COGI's general email address is info@coginc.org and messages received via this address will be directed to the appropriate COGI Staff member.

OUR MISSION

Clinical Outcomes Group, Inc. (COGI) is a dynamic, public health non-profit that exists to meet the unmet needs of vulnerable populations. In our community, we have identified the following as our vulnerable populations: individuals suffering from addiction disorders, pregnant women, veterans, children, and other who are susceptible to public health issues.

COGI strives to provide high quality, low cost, and easily accessible public health services to any individual or community in need located in Schuylkill County Pa and surrounding areas.

CLINICAL OUTCOMES GROUP, INC.

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PUBLIC HEALTH SERVICES



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PUBLIC HEALTH SERVICES

SUBSTANCE ABUSE COUNSELING

COGI offers substance abuse counseling on an outpatient and intensive outpatient basis. We provide clients with a comprehensive assessment, referral, drug and alcohol education, individual and/or group counseling. We offer priority assessment, referral and/or admission to pregnant females with special needs (i.e. injection drug users, substance abusers). COGI staff will work with community agencies to coordinate health and child care needs of pregnant clients. We strive to provide an effective treatment program that meets the complex needs of chemically dependent individuals. COGI employs a multi-disciplinary team that hold professional degrees and have specific training in chemical dependency. The team includes consultation with licensed and certified professionals. Additionally COGI's clinical staff have various specialties and certifications some of which include: Seeking Safety, Trauma-Informed Care, Cognitive Behavioral Therapy and Dialectical Behavioral Therapy.

CENTER OF EXCELLENCE

A Center of Excellence (CoE) coordinates care for people with an opioid use disorder and insured by Medicaid. Under the CoE, treatment is team-based and focused on the "whole person" - with the explicit goal of integrating behavioral health with primary care. Patients of these centers: have an opioid use disorder, may have co-occurring behavioral and physical health conditions, need help to navigate the care system, need guidance to stay engaged in treatment to avoid relapsing. The CoE coordinates treatment of the whole person on all levels. The CoE is unique as it provides funding for a Community Based

Care Management Team which has never been funded or allowed for billable time in the past. Coordination of care involves: Behavioral and Physical Health Care Providers, Community-Based Care Navigators, Community-Based Resources (Food, Housing, Jobs, etc.).

CASE COORDINATION

COGI offers Case Coordination to its substance abuse clients who have ancillary needs in addition to their treatment. The purpose is to provide assistance in accessing needed services and resources, as well as support and advocacy to address both treatment and non-treatment needs. Due to the varying needs of individuals case coordination can include the following: coordination of treatment services, case management support to individuals in transition of level of care, intermediate assistance with non-treatment needs, and Medication Assisted Therapy coordination. Activities include assessment/evaluation and documentation of the client's strengths and challenges, linking/referral to community services and supports, engaging clients who have a pattern of non-compliance and when appropriate; service planning and goal setting, assisting the client to develop a positive support network and advocating if services and resources are not readily available and follow-up to ensure client's needs are adequately met.

ABUSE INTERVENTION SERVICES

COGI offers Abuse Intervention Services (AIS) to adults. We provide assessment, referral, education, and group counseling for individuals who use violent and/or controlling behaviors in their personal relationships. Through a coordinated response to violence, our commitment is to create a system of accountability that will precipitate change. Our work is done in coordination with Victim Centers, the Adult Probation Offices, District Magistrates Offices, and the District Attorney's Offices of counties

within Central PA. AIS Staff hold professional degrees in clinical counseling. AIS services are based upon the "Creating A Process of Change..." Curriculum, developed by the Domestic Abuse Intervention Project (DAIP) of Duluth, Minnesota and successfully implemented in communities throughout the nation.

ANGER CONTROL EDUCATION

Anger is a common response to many different situations (frustration, fear, annoyance, resentment, and disappointment.). Anger becomes a problem when it becomes too frequent, too intense, and is dealt with in a way that is maladaptive to the situation at hand.

COGI developed this program as a direct result from assessing individuals who were referred for Abuse Intervention Services and finding they were better suited for Anger Control Education. Individuals can be referred to this program through community systems such as: courts, Adult Probation, internal referrals from COGI therapists, or members of other human service fields. Self-referrals are also accepted.

PREVENTION EDUCATION

As a provider of substance abuse treatment, COGI felt strongly about also offering prevention education. The "Mock Bedroom" is a parent education session (children are not permitted) where they walk through a "bedroom" to learn "what to look for" and "how to be aware" of potential signs that indicate their children may be involved with alcohol or drugs. Classroom education is offered in coordination with various Schuylkill County school districts. The curriculum presented "Too Good For Drugs" offers students alternatives to drugs via life skills. Narcan Education is offered in public settings to allow communities to learn about addiction and how to administer Narcan in an emergent overdose situation.