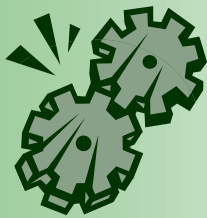


Annual Report

January 1, 2013—December 31, 2013

Clinical Outcomes Group, Inc.

Improving the Health of Our Communities



A Message from Our President

Dear Friends,

COGI enjoyed a successful year in 2013 thanks to our professional staff and the communities we serve. Organizationally, our services grew and the number of clients we served grew too. Our move and expansion into additional office space in 2013, prepared our organization for a strong future in East Central Pennsylvania.

Our dedicated and professional staff continues to engage communities, businesses, and other organizations by helping to create a systematic approach to addressing community problems. There are too many community partners to recognize here, but without their vision, leadership, and efforts we would be unable to achieve our goals and fulfill our organizational mission.

We ended our year on a positive note with several new initiatives. COGI was awarded a grant from the Pennsylvania Commission on Crime and Delinquency for an evidenced-based approach to substance abuse and recovery. This award is COGI's first funded opportunity to do research in our drug and alcohol clinic. We also re-launched AIS/ Abuse Intervention Services; counseling for offenders of domestic violence. These two programs embody COGI's organizational philosophy by linking research, best-practices and service delivery in our community. We could not be more proud.

Finally, the leadership changes that began in 2012 came to a successful end in December 2013 with a new structure and staff effective January 1, 2014. These changes were needed to guide this organization in the coming years. We learned lessons and challenged our staff to find ways to better serve our clients with a wider breadth of services.

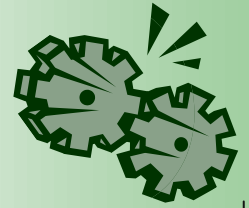
Please take an opportunity to review this annual report and examine it with a heartfelt perspective that our services contribute to changing the lives of many individuals in our community. Chances are that someone you know has been favorably touched by our efforts. As always, we welcome your comments. If you would like to discuss any aspect of COGI or would like to work with us toward improving the health of our communities, please contact me directly at 1-800-264-1290 or tinakzanis@gmail.com.

Sincerely,

Tina K. Zanis

President – Board of Directors

Meet our Board of Directors



From Left to right:

Eric Lieberman, Member

Kay Jones, Secretary

Tina K. Zanis, President

Christiane Bayer, Treasurer

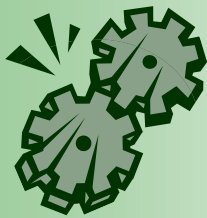
Tom Scranton, Vice-President

Thoughts from our Board of Directors

Why did you decide to become a COGI Board Member?

"I joined the COGI board because I know COGI to be an organization that works creatively, ethically and effectively to address important community health needs." Kay Jones, Secretary

"Being a part of the COGI Board has been a great experience! I remember feeling honored to have been asked to be a part of an organization that cared so much about the community, and its employees. This commitment has remained obvious since I joined the Board over 2 years ago, and it is personally fulfilling to work with the staff and other Board members in holding true to such an admirable and selfless mission." Christianne Bayer, Treasurer



A Leader in Public Health

Clinical Outcomes Group, Inc. (COGI) is a 501 (c) (3) private, non-profit organization dedicated to improving the health of the community. The organization was founded by David A Zanis, Ph.D. in 1997 as a sole proprietorship and converted to a non-profit in 2004.

COGI provides health and social services throughout Pennsylvania. Our focus is on behavioral health issues such as substance abuse, mental health, domestic violence, tobacco, workplace wellness and family services. COGI strives to develop and implement innovative policies and programs that focus on systems of change. Our dedicated staff includes individuals with advanced degrees and/ or professional licenses specializing in behavioral health service delivery.

COGI receives program funding from a variety of sources including Federal, State, and Local Government as well as Private Foundations. **COGI is guided by a public health philosophy that emphasizes access to services, high quality and cost effective services.** Our services are evaluated both internally and externally to assess effectiveness. We invest in a strong data collection and analysis infrastructure aimed to improve service quality.

Meet the COGI Team

Clinical Director

Ms. Alicia Fleischut, MA, CAC, NCC

Director of Program

Development & Compliance

Ms. Jennifer Ryan Melochick

Fiscal Director

Ms. Kelly Examitas

Office Coordinator/ Enforcement Director

Ms. Christine Staller

Receptionists

Ms. Amanda Kemfort
Ms. Estelle Kerestus

Health Educators

(Tobacco Program)

Ms. Leslie Hosterman
Ms. Angela Morgan
Ms. Kelly Ann Pegg
Ms. Katherine Scranton
Ms. Whitney Smith
Ms. Deb Turner, MSW
Ms. Jenny Wagner, MS

Enforcement Officers (Tobacco Program)

Ms. Mary Handzus
Ms. Kristie Rospendowski
Mr. John Zuratt

Abstinence Education Staff

Ms. Angela Morgan
Ms. Barbara Weigand
Mr. Scott Webb

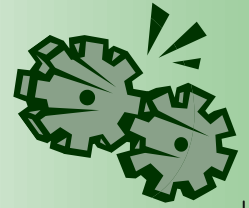
Chemical Dependency Counselors

Ms. Jennifer Brant
Mr. Brian Hudock
Ms. Mary Ketterer
Ms. Beth Pattay
Ms. Helen Rebuck

Case Coordinators

Ms. Amanda Kemfort
Ms. Karen McCloskey

Introducing Boo-Boo Bear



Boo Boo Bear (aka Boo Boo) is an 18-month old Dogue de Bordeaux, otherwise known as a French Mastiff. Most of us may have first encountered the Dogue de Bordeaux at the movie theater in 1989 when the breed stole the movie “Turner and Hooch.” Since then, the imposing dog has made headway into people’s hearts and homes. His personality ranges from aloof to outgoing and at times comical. The Dogue de Bordeaux is vigilant and courageous, loving and devoted and also enjoys people. He was just the kind of dog that would fit nicely with the work that COGI was doing with those struggling with addiction.



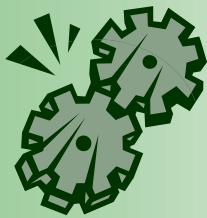
Therapy Dog Certification

Boo Boo received his first level of certification through Love on a Leash. The primary function of Love on the Leash and a therapy pet is to brighten someone’s day. The membership/certification with Love on the Leash focuses on the social side of therapy work. Boo Boo visits nursing homes, and any other service oriented agency where he may be invited.

The Benefits of a Dog in Therapy

Cynthia Chandler, author of *Animal Assisted Therapy in Counseling*, points out that the positive benefits to be gained from therapy can be more immediate when a therapy pet is involved, especially when working with a resistant client. The desire to be with the therapy pet can sometimes override the client’s initial defenses (Chandler, 2005). She further points to the natural relationship that occurs between dogs and humans which can result in quick bonding and trust between the client and dog in a therapeutic setting. According to Chandler, this bond between the pet and the client also helps to facilitate a bond with the therapist, as the feelings of affection and trust for the pet are eventually transferred to the pet’s therapist.

Animal-assisting therapy can help even the most broken and jaded person rediscover his or her deepest inner sources of compassion, which is an essential step for any addict who hopes to finally ascend from the pit of despair and shame that dominated his or her existence for so long. Before those with a history of substance abuse can hope to find lasting sobriety, they must first rebuild their self-esteem to the point where they actually feel strong enough to accomplish difficult things and worthy enough to deserve the happiness and peace that was denied them during their years of battling against alcoholism or drug addiction.



Abstinence Education

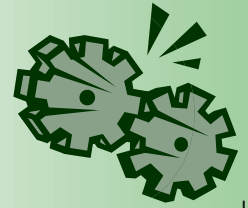
COGI is one of 5 organizations in the state of Pennsylvania funded by Temple University Harrisburg to provide Abstinence Education Program (AEP) services. COGI is the only rural site among the 5 providers, with all other funds going to urban locations in Philadelphia, Erie and Pittsburgh. The AEP is a 4 year project with 2013 being year 3. COGI's AEP really hit its stride this year, maximizing our Schuylkill County resources and partnerships to continually grow the program and increase the impact upon youth in our community.

The statewide AEP project includes the implementation of an evidenced-based curriculum, PHAT!/ Promoting Abstinence Among Teens, with youth ages 9-13. **In 2013 COGI provided curriculum in school –based settings in the following locations, reaching a total of 477 students** or 25 individual cohorts of classrooms:

Curriculum Implementation Site	Number of Students Receiving Curriculum
Pine Grove Area Middle School	245
Saint Clair Area School District	49
Minersville Area Junior/ Senior High School	76
Mahanoy Area Middle School	81
Schuylkill Intermediate Unit #29	23
Cloud Home (Residential Home for Boys)	3
TOTAL	477

In addition to curriculum, COGI's AEP program includes individual and group counseling on request to address issues and situations that arise throughout the school year (perhaps as a result of topics covered in curriculum services) within the target population. Our full-time Social Worker spends 80% of her time in participating schools (in 2013 Mahanoy Area, Minersville Area, Pine Grove Area and St. Clair Area) providing counseling services as determined by the unique needs of each site. Counseling services in both individual and group settings focused on topics including abstinence education, healthy relationships, self-esteem, decision-making, long and short term goal setting, peer and relationship pressures, refusal skills, and conflict resolution. Our social worker was also able to provide crisis counseling and referral and linkage to resources when necessary. **In 2013, our AE Social Worker provided individual and/ or group counseling to 62 unique individuals ages 9-13.**

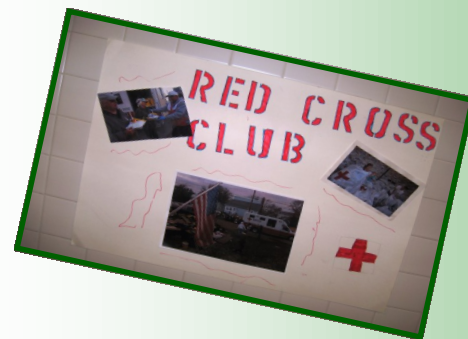
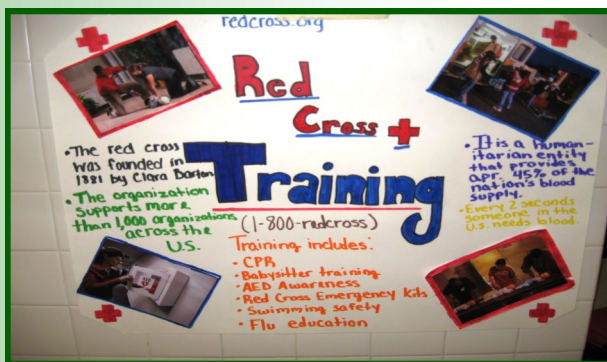
"It's been a pleasure to work with COGI over the past three years. Our partnership has the responsibility of influencing youth to make informed, healthy decisions. COGI has made significant contributions in their region, supporting youth through the delivery of evidence-based curriculum and valuable supportive services. COGI's program is of remarkable quality in both design and execution, and serves youth and families well." **Susan Washinger, Temple University Harrisburg, Statewide Program Coordinator**



Unique among all the providers is COGI's Service Learning component of the AE program. Based on the premise that if you tell children and youth not to make unhealthy choices and decisions, you should give them a healthy alternative, COGI's service learning clubs provide opportunities for youth to become an engaged, active member of their community. By working with the American Red Cross (ARC), red cross clubs formed in each of our participating sites with the youth in each school selecting a service-oriented project.

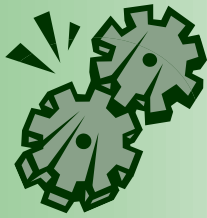


In 2013, ARC clubs at Minersville and Pine Grove focused on helping the American Red Cross promote its community services in each district. Students across districts researched the history and mission of the American Red Cross and shared their new-found knowledge with their peers via morning announcements and the ARC "Fact of the Day". Bake sales were held to raise funds and awareness of how people can help the American Red Cross achieve its mission locally and beyond.



Mahanoy Area Middle School already has an extensive history of participating in local community service activities so in 2013 the club's advisor looked for opportunities to educate club members about issues that are not as well publicized and the services available to address those issues. The club decided to educate peers about issues surrounding addiction and focused their activities on supporting a local inpatient drug and alcohol treatment facility for women that also provides housing for young children. The club organized an end-of-year luau party in which funds were raised to assist the facility in providing necessities to children living in the facility.

These schools and students embraced our idea that students who feel like an invested member of their community will make better decisions. We are very grateful for all their support and hard work!



Drug and Alcohol Outpatient Services

COGI offers adult substance abuse counseling in an outpatient and intensive outpatient basis. We provide individuals with a comprehensive assessment, referral, drug and alcohol education, individual and/ or group counseling. We strive to provide an effective treatment program that meet the complex needs of chemically dependent individuals. Our multi-disciplinary treatment team holds professional degrees and have specific training in addiction and chemical dependency. Our team includes consultation services with a psychiatrist, a medical doctor/ DO, plus other licensed and certified professionals.

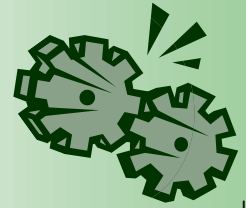
Our services are offered to addicted individuals who either have no insurance or have medical assistance in Schuylkill County, Pennsylvania. In 2013, a total of 490 clients attended at least one appointment in our clinic. Data highlights from 2013 include:

Gender		
male	267	54%
female	223	46%
pregnant	13	6%
not pregnant	210	94%
Veteran	19	4%

Age		
18-24	69	14%
25-34	229	47%
35-44	101	21%
45-54	64	13%
55-64	24	5%
65 and older	3	1%

Race		
White	457	93%
Hispanic	13	3%
Black	10	2%
Puerto Rican	3	1%
Dominican	1	Under 1%
Spanish	2	Under 1%
No Response	4	1%

Employment		
Full Time	37	8%
Part Time	26	5%
Disabled	8	2%
Student	3	1%
Retired	1	Under 1%
Unemployed	396	81%
No Response	19	4%



Case Coordination Services

Case coordination is an individualized service offered to clients in COGI's drug and alcohol treatment program who have ancillary needs. The purpose of case coordination is to provide assistance in accessing needed services and resources for successful recovery, as well as support and advocacy to address both treatment and non-treatment needs. Needs vary among individuals with case coordination services including: treatment service coordination, case management to support transitions in level of care, and intermittent assistance with non-treatment needs. The goals of our program in 2013 were to attempt to maintain clients in needed services and treatment by helping to break down barriers like transportation, housing, employment, finances, etc. that interfere with recovery. An average of 47 people per month received case coordination services from July—December 2013. Case coordination services provide necessary support to our drug and alcohol treatment services by filling gaps that cannot be addressed in counseling. Positive outcomes were realized in 2013 including improved access to non-treatment services; improved quality of life by removing barriers to treatment, allowing individuals to focus on recovery; and improved cost-effectiveness of treatment by providing a centralized location for individuals for referral of other services.

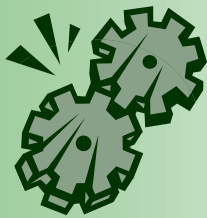
Matrix Model

COGI received an award from the Pennsylvania Commission on Crime and Delinquency (PCCD) in October 2013 to implement an evidenced-based substance abuse treatment model into our drug and alcohol clinic. This is COGI's first award and funded opportunity to marry research and service in our program.

The Matrix Model is an evidence-based protocol used to treat drug and alcohol abusers for over 25 years. It is a comprehensive, multi-format program made of the following components: (1) Individual/conjoint therapy; (2) early recovery; (3) relapse prevention; (4) family education; (5) social support; and (6) urine testing. The model is an integrated therapeutic model incorporating: (1) cognitive behavioral therapy; (2) motivational enhancement; (3) couples/ family therapy; (4) individual supportive/ expressive psychotherapy and psycho-education; twelve step facilitation; group therapy and social support.

COGI has selected the Matrix Model over other evidenced based interventions for implementation because, clinically, the model best aligns with the organization's mission of "*Improving the Health of Our Communities*". The Matrix Model addresses the individual client in the context of his or her community, employing strategies that recognize the impact of addiction on family, employers, the criminal justice system and communities-at-large.

COGI hired a full-time therapist dedicated 100% to Matrix services in October 2013. The entire COGI treatment team and support staff were trained by Matrix professionals in November and the first clients were enrolled in December.



Suboxone: Medication Assisted Therapy for Opioid Addiction

Treatment Philosophy

Suboxone is prescribed at COGI as a treatment modality for opiate addiction. It is recognized that not every client struggling with opiate addiction is a candidate for Methadone or detoxification with Methadone. Suboxone offers an alternative form of treatment to those who are considered appropriate and meet the criteria for admission to the Suboxone Program. Suboxone is prescribed as part of a comprehensive, multi-disciplinary approach that will be used as a therapeutic tool to assist clients in the process of recovery.

Program Methodology

The program is a multi-discipline, level based system, bringing together a prescribing physician, drug & alcohol therapy, case coordination, addiction recovery programs and necessary referrals. There will be a point of access where the case coordinator will assess the client, determine what needs should be addressed and make all necessary referrals.

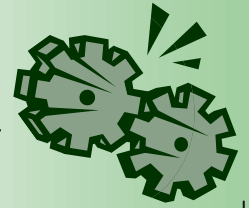
If the client is appropriate for outpatient, medication assisted treatment for opioid dependence; drug and alcohol treatment will be coordinated with a doctor's appointment. Both of these conditions must be met for acceptance into the program. These can occur on the same day or separately several days prior to the doctor appointment.

If the client agrees, the appointment times are confirmed and the program model and expectations of each person's role are discussed, including the client. The client will sign all supporting documents and will receive a copy.

Goals

- To provide a multi-disciplinary team approach to the treatment of chemical dependencies while increasing the accessibility of dependable medication assisted treatments with the use of Buprenorphine for opioid dependence.
- To provide medication assisted treatment for those individuals who meet admission requirements. Provide connection and referral if necessary for co-morbid conditions in both physical and mental health realm.
- To provide educational and counseling support necessary for clients to progress in the process of recovery while increasing the abstinence rate for opiate addicted individuals.
- To decrease the need for higher level of care related to substance abuse.
- To monitor and assess need for "action plan" to decrease diversion, decrease poly-substance abuse and increase program retention and success.

North Central Tobacco Control



With 2013 came the end of one three-year contract with the Pennsylvania Department of Health for tobacco control services in the North Central health district and the beginning of another. COGI wrote a successful application to the PA DOH to continue to serve as a Primary Contractor for the 12 North Central counties including Bradford, Centre, Clinton, Columbia, Lycoming, Montour, Northumberland, Potter, Snyder, Sullivan and Tioga. With the notification in May 2013 of another 3 year award through June 2016, COGI will continue to provide innovative tobacco control services to these communities.

In spite of the excitement of a new contract, COGI's tobacco control services were challenged by an unexpected and devastating 40% reduction in funding for our programs in late September 2013. The reduction was a result of a Pennsylvania arbitration loss with the tobacco companies which fund the Master Settlement Agreement (MSA). COGI faced difficult choices and decisions regarding the programs and services we offer and, the most difficult, our dedicated staff of health educators. We lost some tremendous people who were true assets to our team and our organization and some services were altered to manage the loss. These losses energized our small team and strengthened our commitment to carry on and provide services as we always have. COGI is very proud to say that not one day was lost; tobacco control may have taken a hit in North Central PA, but our team responded with an unmatched resolve to rise above the challenge and serve our communities with high quality, low cost, accessible tobacco control services. Our community partners and coalition embraced the challenge as well and the results you see in this report demonstrate the resiliency and dedication of this program and this team of professionals .



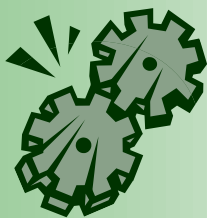
Young Lungs at Play (YLAP) is an initiative supported by the Pennsylvania Department of Health and administered by COGI in the North Central PA Health District. YLAP invites municipalities, school districts, youth sports organizations and others to join to eliminate children's exposure to second hand smoke. Adopting 100% tobacco-free laws, ordinances, policies or resolutions in public areas where children play helps accomplish this. **YLAP** protects the environment and the health of everyone!

"COGI was an instrumental part of establishing a smoke-free park in our community. Without the help of COGI, we would likely still be putting the young at risk of second hand smoke while they play. The program was completely successful for us, and I would highly recommend any park, or recreation area implementing the same Young Lungs at Play program."

Katie Davis, Executive Director, Buffalo Valley Recreation Authority

"My company's outreach focuses on preventative health education, and COGI has helped me with preventative health initiatives through the Young Lungs at Play program. I was thrilled when my hometown of Montoursville adopted YLAP and hope to see more municipalities adopt this important initiative to make recreation areas smoke free. The staff at COGI has been wonderful to work with."

Melissa Farenish, Quality Community Outreach Specialist, AmeriHealth NORTHEAST



North Central Tobacco Control

2013 Tobacco Control Highlights

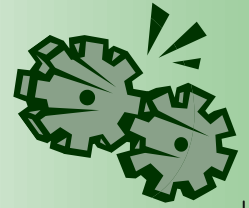
Policy Change - Multi-Unit Housing: Multi-unit housing (MUH) remains one of the few indoor areas where secondhand smoke is unregulated in many communities in the United States. While creating the greatest impact and state of change, policy change can take months or sometimes even years to implement. During 2013 COGI partnered with the administrative and program staff of the Clinton County Housing Authority (CCHA) to promote smoke free housing and prepare CCHA residents for smoke free policy changes. CCHA owns and manages 12 properties in Lock Haven and Renovo. In order to transition into new policy adoption smoothly, policy implementation took place in stages and tobacco cessation workshops and individual services were (and continue to be) offered to their staff and residents at no cost. As a result, great progress was made. After permitting smoking in their units and on their property for over 50 years, CCHA adopted a comprehensive smoke free policy on January 1, 2014. This policy restricts smoking in their 457 units and outdoors on their entire property which will protect the health and safety of their tenants for years to come. COGI was honored to be part of such an effective tobacco control initiative.

COGI was also pleased to work with the Sunbury Housing Authority in efforts to prepare housing authority residents for a smoke free policy for two of its indoor living communities, Chestnut Tower and Scott Tower in Sunbury. COGI staff assisted by providing no cost tobacco cessation services to residents who were interested in quitting smoking and provided technical assistance to staff in preparing for the policy change. The policy became effective on January 1st and prohibits tobacco use indoors at the Housing Authority's Chestnut and Scott Towers. All indoor living and open areas are now smoke free. The smoke free policy applies to tenants, guests, employees, vendors, and visitors. COGI will continue to partner with the Sunbury Housing Authority staff as discussion leads to the possibility of extending smoke free policy to other properties of the housing authority in the future.

"This new (smoke-free multi-unit housing) policy provides a healthy and safe environment for our tenants and fits in with our mission to provide the best quality housing at an affordable price." **Sandi Ressler, Executive Director of the Sunbury Housing Authority**



State College Spikes



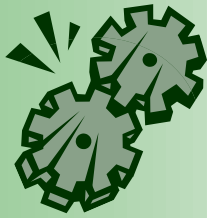
“Hit the Ball Out of the Park” with YLAP

On Thursday, August 15th at 6:45 P.M., Secretary of the Pennsylvania Department of Health, Michael Wolf, presented the State College Spikes baseball team with a *Young Lungs at Play* certificate prior to the start of their home game at Medlar Field in University Park. This presentation was in celebration of the Spikes adopting the *Young Lungs at Play* Program for their stadium. As part of the excitement of the evening, Mr. Ciggy Butts “tried” to run the bases between two of the innings, with him inevitably struggling and ultimately being defeated by his mascot opponents.

On behalf of the Pennsylvania Department of Health, Division of Tobacco Prevention and Control, the Secretary of Health officially recognized the State College Spikes as having protected their patrons and players at Medlar Field from the dangers of secondhand smoke. In 2009, the Spikes created a tobacco free policy that covered the entire ballpark and this year, they joined the statewide parks and playgrounds program called *Young Lungs at Play*.

The North Central Tobacco Coalition and COGI has worked hard to promote clean outdoor air in this region. Centre County and surrounding counties have posted *Young Lungs at Play* signs in many parks and playgrounds .





Smoking is the leading cause of preventable death in the United States, responsible for approximately 443,000 deaths each year; about 50,000 of these deaths are due to secondhand smoke. Centers for Disease Control and Prevention

2013 Tobacco Control Highlights Continued

Tobacco Cessation: Research from the Centers for Disease Control show that 69% of smokers want to quit smoking completely. Helping individuals who are addicted to tobacco quit has been a COGI priority since the organization’s inception. COGI is proud to share cessation data from our services in 2013.

COGI’s team of Health Educators completed intakes for 346 tobacco users in 2013. The following tables show demographic data among the tobacco users in the 12 North Central Counties

Gender			Income			Education		
male	136	39%	< 20,999	189	55%	<9th	6	2%
female	210	61%	21,000 -			some HS	51	15%
pregnant	8	4%	50,999	96	28%	HS/GED	166	48%
not pregnant	191	91%	over 51,000	14	4%	some college	79	23%
not answer	11	5%	don’t know	18	5%	college grad	36	10%
			blank	29	8%	blank	8	2%

Age Range			Employment			Insurance		
10-13	2	1%	part-time	41	12%			
14-17	2	1%	full-time	149	43%	No Insurance	61	18%
18-24	24	7%	unemployed	38	11%	Private Ins	133	38%
25-34	61	18%	student	8	2%	Med Asst	79	23%
35-44	68	20%	retired	17	5%	Medicare	28	8%
45-54	110	32%	homemaker	11	3%	Combination	7	2%
55-64	62	18%	disabled	80	23%	Other	17	5%
65 & older	17	5%	blank	2	1%	blank	21	6%

COGI’s Health Educators conduct follow-up with individuals after service completion to monitor progress and offer additional support when needed. The following tables represent tobacco use at each follow-up point.

Reported Tobacco Use level at Progress Note (4 weeks from start of services) (attempted)			Reported Tobacco Use level at 30 days (after service completion)(attempted)		
Not at all	156	67%	Not at all	101	47%
Somedays	58	25%	Somedays	54	25%
Everyday	15	6%	Everyday	60	28%
Blank	3	1%	Blank	1	0%

Reported Tobacco Use level at 90 days (after service completion) (attempted)			Reported Tobacco Use level at 6 months (after service completion) (attempted)		
Not at all	102	46%	Not at all	107	51%
Somedays	44	20%	Somedays	33	16%
Everyday	75	34%	Everyday	68	33%
			Blank	1	0%

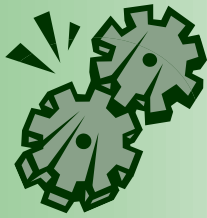
North Central Tobacco Control Coalition

The North Central Tobacco Control Coalition/ NCTCC works within our twelve county region to promote quitting among adults and young people, eliminate non-smoker's exposure to secondhand smoke, prevent the initiation of tobacco use among young people, and identify and eliminate tobacco-related health disparities. Coalition membership is comprised of active volunteers representing many sectors of the community, including non-profit, government, education and healthcare. Our members are passionate about tobacco control and improving the health of our communities.



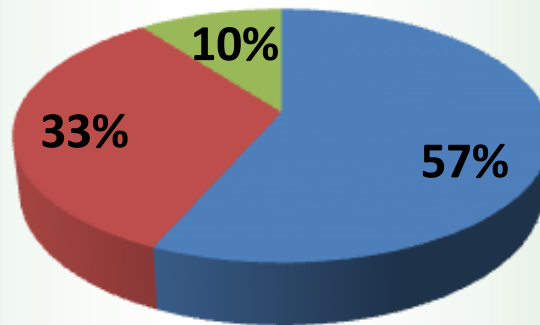
The NCTCC consists of 4 workgroups within the membership-at-large. The workgroups are:

1. **Young Lungs at Play:** Municipalities, school districts, youth sports organizations and other groups are invited to join the North Central Tobacco Control Coalition and partnering agencies in eliminating children's exposure to secondhand smoke at public parks and playgrounds. Adopting 100% tobacco free policies or resolutions in public areas where children play help to accomplish this. Policy initiatives are key strategies in influencing community norms and effective ways to limit exposure to the dangers of secondhand smoke. This initiative will protect the environment and protect the health of all. We will support you as you work to create tobacco-free parks and playgrounds.
2. **Youth in Community:** The goal of this work group is to bridge the gap between tobacco control services and the youth of our region. Members are currently working on toolkits specifically addressing youth tobacco education, prevention, cessation, and advocacy. These toolkits are a free resource and will be available to download soon.
3. **Coalition Advancement:** The goal of this work group is to increase coalition activity, visibility, and membership. Members of this work group actively promote the Coalition through our brochure, social media outlets, and community activities and events. Coalition meetings are held bi-monthly, on the second Thursday of the month, from 9:30-Noon at the PA Department of Health office in Williamsport, PA. Meetings generally include time for work group planning as well as a tobacco control-related training.
4. **Special Events:** The goal of this work group is to advance tobacco control through fun and exciting events. While our Coalition members work hard fighting the battle against tobacco, we also take time to enjoy the camaraderie of the group and celebrate our achievements throughout the year. Many activities center around raising community awareness about tobacco control and promoting days such as the Great American Smoke Out, Kick Butts Day, and World No Tobacco Day.



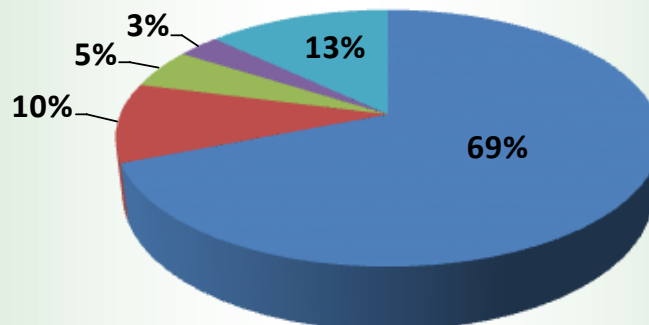
Income

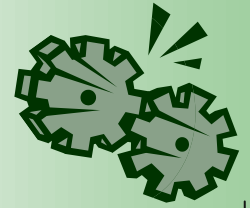
■ Grant Income \$900,477 ■ D&A Billing \$526,052 ■ Other \$164,764



Expenses

■ Payroll \$1,097,992 ■ Consultant / Subcontracts \$161,516
■ Occupancy \$73,677 ■ Travel \$54,900
■ Other \$206,868

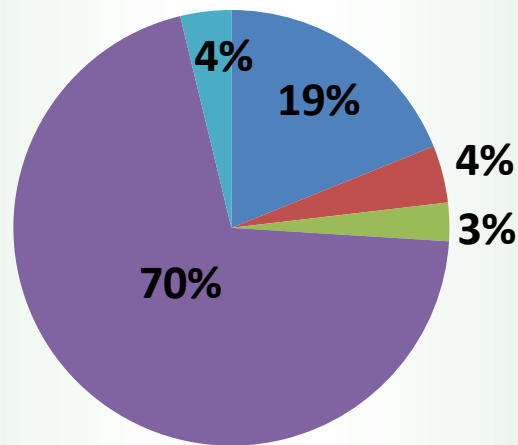




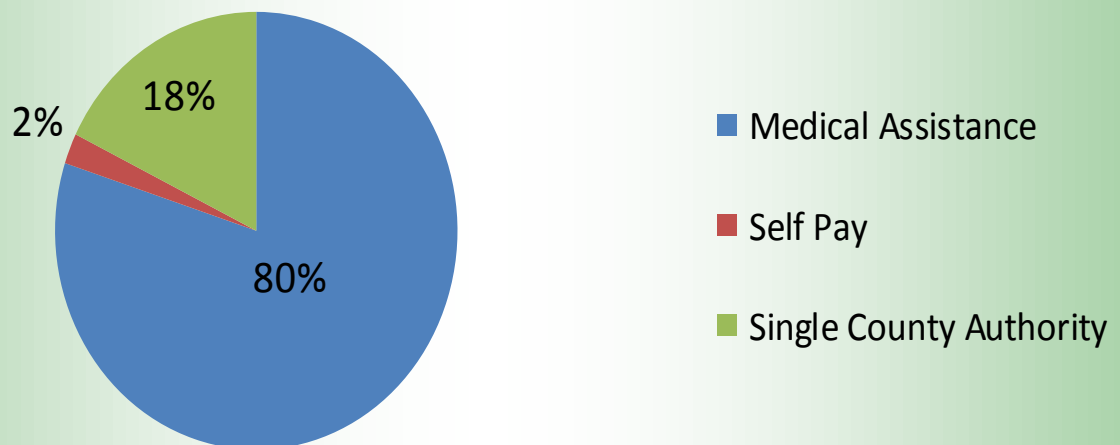
The below charts further detail the two largest sources of income for 2013.

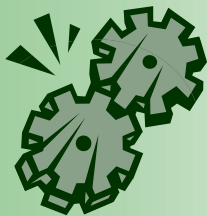
Grant Funding By Program

- Abstinence Education (Schuylkill County)
- Drug & Alcohol Case Coordination (CCBH Reinvestment Funds)
- Tobacco Programming (Schuylkill County)
- Tobacco Programming (PA Dept of Health - North Central)
- Drug & Alcohol Matrix Program (PCCD Funding)



Drug & Alcohol Income By Source





Welcome Home COGI!

COGI welcomed in 2013 in our new home at 437 North Centre Street in Pottsville. Our new clinic and office setting provides us with room for all our programs, plus room to grow. The office is centrally located within the City of Pottsville and is a convenient stop along the Schuylkill (County) Transportation System's bus route. We also now have lots of parking which is a real benefit to our colleagues and clients and appreciated by our staff.

COGI invited friends, community partners and local/ regional officials to an open house on April 27, 2013. Schuylkill County Commissioners George Halcovage and Gary Hess were present for the official ribbon cutting and officially opening COGI for business. Of course the ribbon was the official COGI green! All of our staff were pleased to welcome the community to our new space and look forward to the new opportunities the office will afford us.

If you are in the neighborhood, please stop by and see us!



Schuylkill County Commissioners Gary Hess and George Halcovage; President & COGI Co-Founder Tina Zanis;; Ron Hollm, Executive Director

Contact Us!!

COGI

Improving the Health of Our Communities

437 North Centre Street
Pottsville, PA 17901

Telephone:

(800) 264-1290
(570) 628-6990

Website:

www.coginc.org

Email:

info@coginc.org



COGI Proudly Presents our Staff!