



ANNUAL REPORT

January 1, 2018 – December 31, 2018



Clinical Outcomes Group, Inc.

Improving the Health of Our Communities

Clinical Outcomes Group, Inc.

437 North Centre Street
Pottsville, Pennsylvania 17901

(800) 264-1290

www.COGInc.org



Introduction

Clinical Outcomes Group, Inc. (COGI) is a dynamic, public health non-profit that exists to meet the unmet needs of vulnerable populations. In our community, these populations may include individuals suffering from addition disorders, pregnant women, veterans, children and others who are susceptible to public health issues. COGI strives to provide high quality, low cost, easily accessible health services to any individual or community in need in the Schuylkill County Pennsylvania and surrounding areas.

COGI was established in 1997 and received a 501 (c)(3) non-profit status in 2004. Our agency is unique and has been successful in designing and implementing meaningful projects that address the root causes of social and health issues in central Pennsylvania. COGI has received financial support from various sources including governmental agencies (federal, state, local), and national and private foundations. Currently COGI has an annual operating budget of over \$2,000,000 and we have a \$50,000 line of credit with local financial institutions. COGI has 27 dedicated staff members with advanced degrees and professional licenses specializing in behavioral and public health service delivery.

When COGI was created as a sole proprietorship in 1997, it was awarded a contract for tobacco control services in Schuylkill County, Pennsylvania by the Pennsylvania Department of Health. With a long term plan to become a regional well-rounded public health entity, COGI's charter documents - including the by-laws - were developed in a broad way to lay a foundation for the organization. A target population was never specifically defined; rather the founders left that to be determined by the needs of the communities we serve. Over time, COGI has been the recipient of several local, state, federal and private foundation funding streams. COGI opened its doors as an outpatient/ intensive outpatient drug and alcohol clinic in 2010 and added medication-assisted treatment as a service in 2012. In 2018 COGI was designated as a one of only 45 statewide "Center of Excellence" charged with battling the current opioid crisis.

In 2018, COGI has increased its internal capacity to serve our community by becoming a credentialed trauma-informed care facility, expanded our prevention programming to provide evidence-based curriculums in several Schuylkill County school districts and acquired funding to once-again provide re-entry services in our community.



Board of Directors

COGI's 2018 Board of Directors includes:

- Ms. Christianne F. Bayer, Ed.D., LPC, NCC,, President, Psychological Associates, LLC
Dr. Bayer is licensed as a Professional Counselor by the Pennsylvania State Bureau of Professional and Occupational Affairs (2002), and is a Nationally Certified Counselor (NCC) through the National Board of Certified Counselors.
- Mr. Tom Scranton, Vice President, Pyramid Healthcare (Retired)
Mr. Scranton is a founding Member of COGI's Board of Directors.
- Mr. Eric Prock, Secretary, Esquire, Member at Large, Fanelli, Evans & Patel, P.C.
Mr. Prock is Co-Chairman, Schuylkill County Bar Association; and a member of Schuylkill Young Professionals, Pottsville Lions Club, YMCA Fundraising Committee
- Mr. Tom Palamar, Treasurer, City Administrator, Pottsville, PA
Mr. Palamar's community activities include Pottsville's Lasting Legacy; Nativity B.V.M. Green and Gold Association; Penn State University Alumni
- Rev. Dennis Snyder, M. Div., M.A., MFT, Member at Large, Pastor, Bethany E.C. Church
Reverend Snyder is Assistant Fire Chief, Cressona, PA; and is active in Outreach Club Facilitation, Schuylkill Haven High School, Schuylkill Haven, PA

COGI's Staff

Administrative Staff:

- Ms. Alicia Fleischut, MA, LPC, CAC, NCC, Executive Director
- Ms. Kelly Examitas, Director of Fiscal Operations
- Ms. Jennifer Melochick, SHRM-CP, Director of Organizational Development and Human Resources
- Mr. Tina Staller, Administrative Coordinator
- Ms. Esther Rowan, MSS, LCSW, CAADC, Clinical Supervisor
- Mr. Ben Fleagle, Office Assistant
- Ms. Jennifer Evans, Center of Excellence Office Assistant



Direct Care Staff:

- Ms. Kate Blonsky, Drug and Alcohol Counselor
- Ms. Linda Boltz, Billing Specialist
- Ms. Jennifer Brant, Drug and Alcohol Counselor
- Ms. Lori Chaplick, MA, LPC, NCC, Drug and Alcohol Counselor
- Ms. Marie Coombs, Center of Excellence Community Based Care Manger
- Mr. Christopher Cooper, Prevention Educator
- Ms. Annette Fleming, CADC, Drug and Alcohol Counselor
- Ms. Brianna Hannaway, CADC, Drug and Alcohol Counselor Assistant
- Ms. Kara Heitzman, Drug and Alcohol Counselor
- Ms. Kaitlyn Herndon, Prevention Educator
- Mr. Brian Hudock, CADC, Drug and Alcohol Counselor
- Ms. Kimberly Hunter, Center of Excellence Certified Recovery Specialist
- Ms. Angela Keller, MS, Prison Vivitrol Project Counselor/ Case Manager
- Ms. Estelle Kerestus, Drug and Alcohol Administrative Assistant
- Ms. Brittany Ketchem, Forensic Case Manager
- Ms. Mary Ketterer, LPN, AAC II, Drug and Alcohol Counselor
- Ms. Karen McCloskey, Supervisor, Medication Assisted Therapy Program
- Mr. Shawn McGinley, Center of Excellence Community Based Care Manger
- Ms. April Panzarella, Drug and Alcohol Counselor
- Ms. Beth Pattay, CADC, Drug and Alcohol Counselor
- Ms. Angela Pleva, Center of Excellence Certified Recovery Specialist
- Ms. Helen Rebeck, CADC, Drug and Alcohol Counselor
- Mr. Joseph Reppert, Center of Excellence Community Based Care Manger
- Mr. Larry Schew, Drug and Alcohol Counselor
- Mr. John Sienkiewicz, Center of Excellence Certified Recovery Specialist
- Mr. Courtney Tamagini, MS, Center of Excellence Community Based Care Manger
- Ms. Amanda Wessner, Case Coordinator, Medication Assisted Therapy Program and Prevention Educator
- Ms. Allison Wise, LPN, Center of Excellence Nurse Care Manager

Physicians:

- John W. Stefavic, MD, Medical Director
- Ilene K. Weizer, MD
- Matthew Sophy, MD

COGI PROGRAMS



Abuse Intervention Services

Abuse Intervention Services (AIS) is a 27 session, non-violent educational group for men who use violence in their intimate-partner relationships. The AIS program helps men lead non-abusive, non-violent lives in which they are accountable to themselves.

The main objectives of the program are:

- to assist participants review past abusive behaviors and guide them in an understanding of how this behavior relates to personal issues of power and control
- to support participants' willingness to change abusive behaviors by examining the negative effects of those behaviors on family members, self and others
- to help participants look at the way our culture has supported violence and especially failed to hold abusive individuals accountable while also examining the beliefs that underlie such behaviors
- to teach practical information and steps participants can take to change abusive and controlling behaviors by exploring non-controlling and non-abusive ways of relating to women

Throughout 2018, COGI admitted 8 new unique individuals and served a total of 16 unique individuals in the AIS program. AIS program goals for 2018 are to increase referrals by continuing to work within the Schuylkill County court and criminal justice system to require AIS participation as a part of a Protection from Abuse Order and establish a sustainable funding stream for the project.

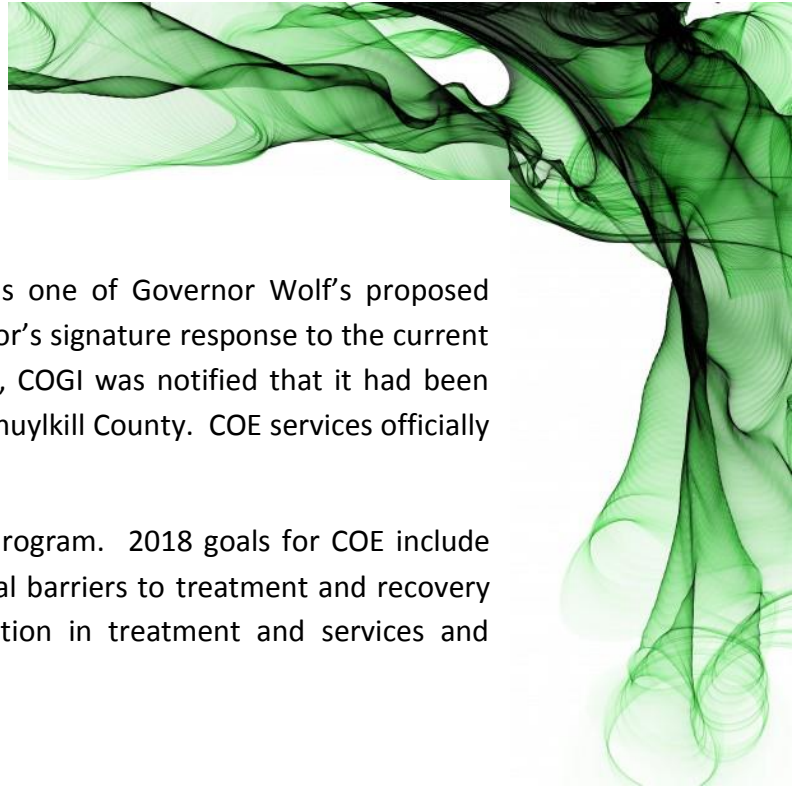
Anger Control Education (ACE)

Anger Control Education (ACE) is a 13 session education group for men who experience anger on a regular basis. The ACE program helps individuals lead lives less controlled by anger and its consequences.

The main objectives of this program are:

- assist individuals in developing new healthy ways to manage your feelings of anger
- to stop violence and/ or the threat of violence
- to help develop an understanding and self-control thoughts and actions associated with anger
- to create an environment where support and feedback from others is a part of the educational process

Throughout 2018, COGI served 8 unique individuals into the ACE program. ACE goals for 2018 include working with the Schuylkill County criminal justice system and service providers for client accountability and to increase referrals, as well as refining the program curriculum to achieve the best outcomes.



Center of Excellence

In May 2016, COGI applied to become designated as one of Governor Wolf’s proposed Centers of Excellence (COE). The COEs are the Governor’s signature response to the current opiate crisis in the Commonwealth. In October 2016, COGI was notified that it had been awarded the COE designation and is the only COE in Schuylkill County. COE services officially began on January 1, 2017.

In 2018, 494 unique individuals were served by the program. 2018 goals for COE include collaborating with community partners to address rural barriers to treatment and recovery (i.e. transportation, housing), improving client retention in treatment and services and improving data collection techniques.

2018 Demographic Data for Center of Excellence: This data represents the demographics for unduplicated clients served in the COE program in 2018. These unduplicated clients include carryover clients from 2017, newly admitted individuals and total discharged clients.

n=494

Unduplicated Counts of Clients

Total Carryover Clients	20
Total New Clients	123
Total Discharged Clients	351
Totals:	494

Gender:	
Female	225
Male	262
Unknown	7
Totals:	494

Age Group:

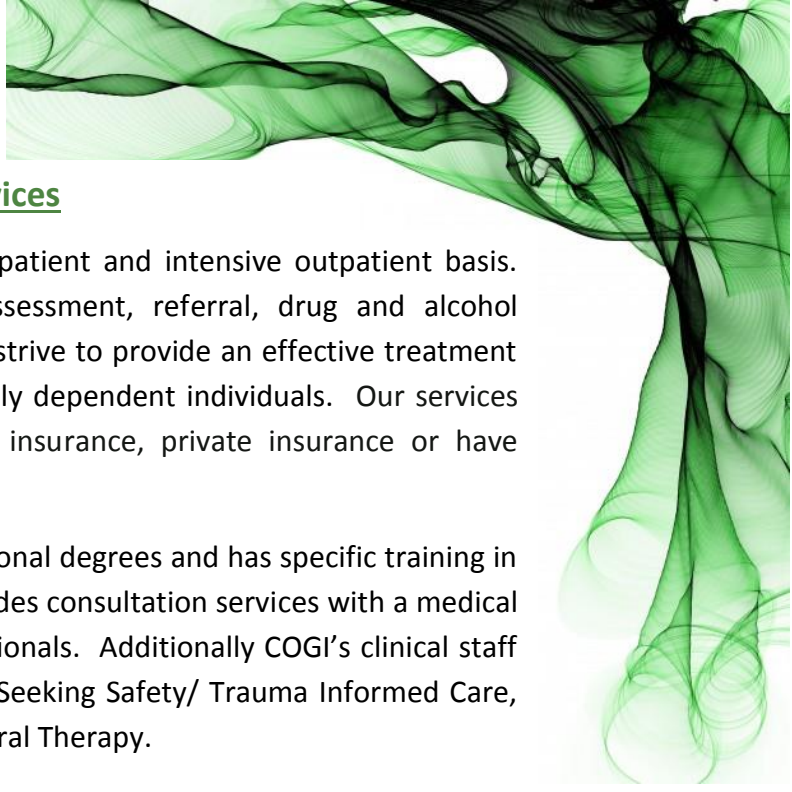
Between 5 and 12	0
Between 13 and 17	0
Between 18 and 29	182
Between 30 and 64	310
Over 64	2
Unknown	0
Totals:	494

Marital Status:

Common-Law Marriage	1
Divorced	45
Live In Partner	3
Married	37
Never Married	358
Separated	28
Unknown	13
Widowed	9
Totals:	494

Race:

Asian	2
Black	2
Other	1
Other Single Race	2
Two or More Races	9
Unknown	97
White	381
Totals:	494



Drug and Alcohol Outpatient Treatment Services

COGI offers substance abuse counseling in an outpatient and intensive outpatient basis. We provide individuals with a comprehensive assessment, referral, drug and alcohol education, individual and/or group counseling. We strive to provide an effective treatment program that meets the complex needs of chemically dependent individuals. Our services are offered to addicted individuals who have no insurance, private insurance or have medical assistance in Schuylkill County, Pennsylvania.

Our multi-disciplinary treatment team holds professional degrees and has specific training in addiction and chemical dependency. Our team includes consultation services with a medical doctor/DO, plus other licensed and certified professionals. Additionally COGI's clinical staff have various specialties and certifications including Seeking Safety/ Trauma Informed Care, Cognitive Behavioral Therapy and Dialectical Behavioral Therapy.

Individuals who receive treatment in COGI's outpatient drug and alcohol clinic may be admitted into one or a combination of treatment modalities including outpatient, intensive outpatient, trauma-informed treatment, group counseling, Center of Excellence or medication assisted treatment. By offering a variety of treatment options that can be used together or at different point of an individual's recovery, COGI can craft an individualized treatment plan for each person that can be adapted to new needs as recovery progresses. Treatment at COGI is never one size fits all.

Outpatient and Intensive Outpatient Treatment Modalities

COGI offers the following treatment modalities in its outpatient and intensive outpatient treatment programs. Individuals who are assessed as appropriate for these models are given the choice to participate in them to assist in their recovery.

- *Seeking Safety*. Offered in a group or individual setting, Seeking Safety teaches people with PTSD and substance use problems different coping skills including setting healthy boundaries, recognizing warning signs or high-risk situations for drug or alcohol use, self-care, managing emotional pain, healthy relationships and managing PTSD symptoms. It has a present and future focus and is not intended to focus on the specific traumatic event(s) that have occurred in the past.
- *Cognitive Processing Therapy (CPT)*. Offered in an individual setting only, CPT teaches one a new way to handle the effects of trauma and PTSD symptoms and shows new skills that can be used to deal with traumatic effects in a safe and healthy way.
- *Dialectical Behavior Therapy (DBT)*. DBT is an evidence-based treatment designed specifically for individuals with significant challenges stemming from emotional deregulation. This treatment modality is associated with a reduction in target behaviors and symptoms, namely suicidal behavior, self-injury, depression, substance dependence, eating disorder behaviors, hopelessness, anger, impulsiveness, with increases in social adjustment and positive self-esteem.



Outpatient Treatment

In 2018, 834 unique individuals received outpatient treatment services. COGI's outpatient program ended 2018 with a census of 398 active clients.

2018 Demographic Data for Outpatient Treatment: This data represents the demographics for unduplicated clients served in the Outpatient Treatment program in 2018. These unduplicated clients include carryover clients from 2017, newly admitted individuals and total discharged clients.

n=834

Unduplicated Counts of Clients

Total Carryover Clients	136
Total New Clients	241
Total Discharged Clients	457
Totals:	834

Gender:	
Female	387
Male	435
Unknown	6
Totals:	834

Age Group:

Between 5 and 12	0
Between 13 and 17	0
Between 18 and 29	243
Between 30 and 64	577
Over 64	6
Unknown	
Totals:	834

Marital Status:

Common-Law Marriage	1
Divorced	81
Live In Partner	4
Married	87
Never Married	558
Separated	55
Unknown	32
Widowed	10
Totals:	834

Race:

Asian	1
Black	18
Other	6
Other Single Race	7
Two or More Races	9
Unknown	137
White	650
Totals:	834



Intensive Outpatient Treatment

The intensive outpatient treatment program provided services to 65 unique individuals.

2018 Demographic Data for Intensive Outpatient Clients: This data represents the demographics for unduplicated clients served in the Intensive Outpatient Treatment program in 2018. These unduplicated clients include carryover clients from 2017, newly admitted individuals and total discharged clients.

n=65

Unduplicated Counts of Clients

Total Carryover Clients	0
Total New Clients	5
Total Discharged Clients	60
Totals:	65

Gender:

Female	33
Male	30
Unknown	2
Totals:	65

Age Group:

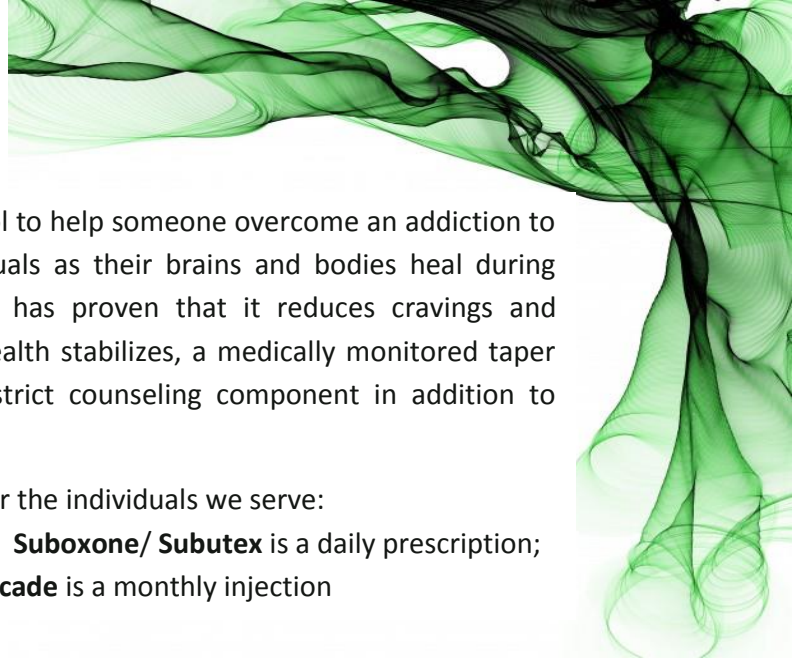
Between 5 and 12	0
Between 13 and 17	0
Between 18 and 29	0
Between 30 and 64	21
Over 64	44
Unknown	0
Totals:	65

Marital Status:

Common-Law Marriage	0
Divorced	8
Live In Partner	0
Married	1
Never Married	51
Separated	1
Unknown	2
Widowed	2
Totals:	65

Race:

Asian	0
Black	1
Other	1
Other Single Race	0
Two or More Races	1
Unknown	6
White	56
Totals:	65



Medication Assisted Treatment (MAT)

Medication Assisted Treatment (MAT) is an effective tool to help someone overcome an addiction to opiates or alcohol. MAT can be life-saving for individuals as their brains and bodies heal during recovery. Used in conjunction with counseling, MAT has proven that it reduces cravings and minimizes withdrawal symptoms. As an individuals' health stabilizes, a medically monitored taper process can begin. COGI's MAT program includes a strict counseling component in addition to medication.

COGI's MAT program offers the following medications for the individuals we serve:

- **Buprenorphine (Suboxone/ Subutex/ Sublocade):** **Suboxone/ Subutex** is a daily prescription; **Subutex** can be given to pregnant women; **Sublocade** is a monthly injection

In 2018, 459 unique individuals received services from COGI's Medication Assisted Treatment program. MAT goals in 2018 include continuing quality improvement of policies and procedures regarding MAT treatment and increased communication within the community about the approved medications to reduce stigma.

2018 Demographic Data for Medication Assisted Treatments: This data represents the demographics for unduplicated clients served in the Medication Assisted Treatment program in 2018. These unduplicated clients include carryover clients from 2017, newly admitted individuals and total discharged clients.

n=459

Unduplicated Counts of Clients

Total Carryover Clients	128
Total New Clients	125
Total Discharged Clients	206
Totals:	459

Gender:	
Female	224
Male	228
Unknown	7
Totals:	459

Age Group:

Between 5 and 12	0
Between 13 and 17	0
Between 18 and 29	123
Between 30 and 64	334
Over 64	2
Unknown	0
Totals:	459

Marital Status:

Common-Law Marriage	1
Divorced	39
Live In Partner	0
Married	45
Never Married	306
Separated	32
Unknown	30
Widowed	6
Totals:	459

Race:

Asian	0
Black	2
Other	1
Other Single Race	2
Two or More Races	6
Unknown	69
White	377
Totals:	459



Case Coordination

Case Coordination is an individualized service offered to clients in COGI's drug and alcohol treatment program who have ancillary needs. The purpose is to provide assistance in accessing needed services and resources for successful recovery, as well as support and advocacy to address both treatment and non-treatment needs. Case coordination can include any of the following or a combination of the following services: coordination of treatment, case management to support transitions in level of care, intermediate assistance in with non-treatment needs. COGI's case coordinators assess/ evaluate documentation of the client's strengths and challenges, linkage and referrals to community services and supports, engaging clients who have a pattern of non-compliance, service planning and goal setting, assisting in the development of a positive support system for clients, advocating for clients needs and challenges in the community and follow-up to ensure the client's needs are adequately met.

In 2018, COGI's Case Coordination program provided services to 612 unique individuals. 2018 Case Coordination goals include expanding the work among COGI's network of community providers to include more in-depth coordination work beyond the linkage and referral and working through rural barriers to treatment that make recovery difficult.

Schuylkill County Prison Vivitrol Project

In April 2017, Schuylkill County's Drug and Alcohol program was the recipient of a grant from the Pennsylvania Department of Corrections to implement a Vivitrol program with inmates at the Schuylkill County prison with a history of opiate use. With overall goals of providing treatment during incarceration, beginning MAT prior to release, providing a warm-handoff and follow-up to aftercare and tracking relapse and recidivism among program participants, COGI was contracted to provide individual and group therapy and case-coordination with inmates during incarceration and coordinate a Vivitrol injection just prior to release. COGI's Medical Director and MAT Supervisor provided medication education and required lab work to ensure the medication would be safely received by the individual. In addition to the medication, COGI arranged for a warm-handoff to substance use treatment and a seamless transition into outpatient and continued MAT. This one year project had a goal of providing Vivitrol injections to 30 unique individuals transitioning from incarceration to the community. The project achieved the following goals:

- 66 unique individuals were enrolled in the program
- 24 Vivitrol injections were administered (a number of factors contributed to not reaching the goal including 39 inmates who were moved into other out-of-county prisons during their time in the program due to overcrowding and 6 inmates who were released before receiving their scheduled injection).
- 25% - recidivism rate of individuals who received Vivitrol before release (6 of 24)
- 29% - relapse rate of individuals who received Vivitrol before release (7 of 24)



Substance Abuse Prevention Services

As a licensed provider of substance use treatment services in Schuylkill County, COGI feels strongly about the need to offer substance use prevention education in both our county schools and communities. In 2018, COGI made a significant organizational commitment to the growth and development of our prevention efforts by promoting two part-time Prevention Educators to full-time status and hiring a third full-time Prevention Educator. This team has worked together with our funding partners – the Schuylkill County Drug and Alcohol Program, the Schuylkill Intermediate Unit #29 and the Minersville Area School District to educate hundreds of Schuylkill County youth and community members about healthy choices, addiction, pro-social norms, recovery, stigma, and wellness over the year.

Classroom Education

COGI entered into several contracts to provide “Too Good for Drugs”, an evidence-based curriculum in Schuylkill County schools. This curriculum offers students alternatives to drug use via positive life skills. Through social and emotional learning as well as substance abuse prevention skills, this program empowers children to use those skills to lead happy and healthy lives. Too Good For Drugs has a curriculum for each grade level from Kindergarten through 12th grade. Contracts to provide “Too Good for Drugs” were executed with the following funders for the attached services:

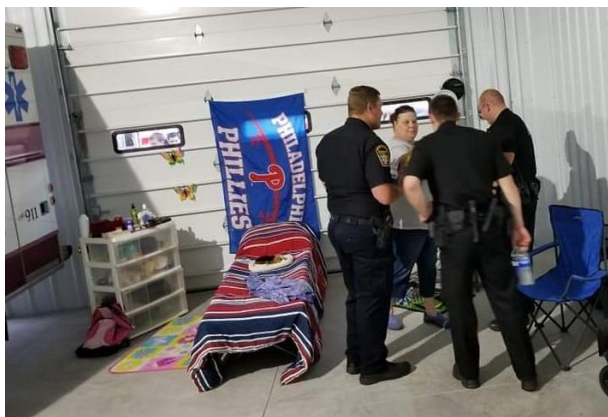
1. The Schuylkill County Drug and Alcohol Program (SCA). COGI provided prevention services in 4 Schuylkill County school districts through funding from the SCA including Minersville Area, Blue Mountain, North Schuylkill, Schuylkill Haven, and Saint Clair school districts. Students in grades ranging from 1st grade to 7th grade received the full 10 lessons. A grand total among all four districts of students receiving “Too Good for Drugs” through the SCA partnership is 1,370 students.
2. Minersville Area School District (MASD). Administration from the Minersville Area School District wanted to provide “Too Good for Drugs” to students in grades that were not included in COGI’s contract with the SCA, so MASD privately funded COGI’s prevention services for students in grades 2, 4, and 6. 252 students received the curriculum through COGI’s contract with MASD.
3. Schuylkill Intermediate Unit #29. Administrators from the Schuylkill IU#29 approached COGI to partner on a grant application to the Pennsylvania Department of Education to provide “Too Good for Drugs” in its PDE-funded ACHIEVE after school program. The Schuylkill IU#29 won the award and COGI began providing both curriculum services and a parent education component in 8 school districts including Mahanoy Area Middle School, Minersville Area Elementary, Pine Grove Area Elementary and Middle School, Pottsville Area Middle School, Williams Valley Elementary and Middle School, North Schuylkill Elementary and Jr/ Sr High School, St. Clair Area and Schuylkill Haven Middle School. The grant was awarded in 3 cohorts.

Substance Abuse Prevention Services Continued

Cohort #7 and Cohort #9 began curriculum implementation in October 2018. These cohorts account for 427 students. Cohort #8 and the parent education component of the contract are slated to begin in January 2019. Cohort #8 contains 167 students.

COGI's Prevention Team has developed its own Substance Abuse Prevention program called "Game Changers". "Game Changers" is a compilation of evidence-based, interactive games played by children of mixed ages with adult facilitators teaching the importance of teamwork, making good decisions, self-esteem, pro-social norms, community attachment and resilience. COGI will have the opportunity to pilot "Game Changers" in Summer 2019 as part of our contract with the Schuylkill IU#29 in its ACHIEVE summer programming.

Mock Bedroom



The *Mock Bedroom* is an interactive parent education display (children are not permitted) where parents, guardians and other caretakers walk through a "bedroom" to learn what to look for and how to be aware of potential indicators of drug and/ or alcohol use. This learning experience also educates the visitor on what different illicit substances and paraphernalia look like. COGI has been invited to present the *Mock Bedroom* and back-to-school night,

community safety nights and other events in Schuylkill County. In 2018, COGI presented the Mock Bedroom to 115 visitors in the following Schuylkill County locations: National Night Out in partnership with the Shenandoah Community Ambulance, Shenandoah; Tamaqua Area Middle School, Tamaqua; and Schuylkill County North Vo-Tech Wellness Expo, Frackville.

Narcan Community Events

Narcan education is offered in public setting to allow communities to learn about addiction and how to administer Narcan in an emergent overdose situation. Each information session is approximately 2 hours in length, offers hands-on training in Narcan administration and is presented by a medical professional. Narcan kits are disseminated to attendees who sign a waiver.

In 2018, COGI presented 2 community Narcan presentations and provided Narcan kits to to 45 individuals in the following locations: The Community Mission, Minersville and the Shenandoah Community Ambulance, Shenandoah.

The Mock Bedroom, Narcan community events, and Narcan kits are supported by a contract with the Schuylkill County Drug and Alcohol Program.



COGI ACHIEVEMENTS

PCCD Award – Centralized Coordinating Entity (CCE) for Naloxone for First Responders

COGI continues to serve as the Pennsylvania Commission on Crime and Delinquency’s Centralized Coordinating Entity (CCE) for Schuylkill County. As a CCE, COGI is responsible for facilitating the receipt of naloxone by first responders at a local level. COGI receives intranasal naloxone kits from PCCD and determines the appropriate entities to receive the kits within the county. In 2018, COGI disseminated 256 Narcan kits to 23 unique entities including: Shenandoah Community Ambulance Association; Frackville Community Ambulance Association, Penn-Mahoning Ambulance Association; American Patient Transport Systems, Inc.; Orwigsburg Fire Dept; Lehigh Valley Health Network for Counseling Services; Tamaqua Community Ambulance Association, Inc.; Frackville Police Dept; West Mahanoy Township Police Dept; Butler Township Police Dept; John S Clarke Elementary Center; D.H.H. Lengel Middle School; Pottsville Area High School; Mahanoy City Ambulance; Pottsville City Bureau of Police; Blue Mountain High School; Ryan Township EMS; Nuremberg/ Weston Volunteer Fire Company; Tremont Area Ambulance, Inc.; Sheppton/ Oneida Fire Company QRS; Girardville Ambulance; Girard Hose Fore Co.; and Orwigsburg Police Dept.

COGI Attains Trauma Informed Care Facility Credential

In 2016, COGI began a process of internal and external assessment and evaluation of processes and procedures that acknowledge and include the impact of trauma on our clients addiction and recovery, as well as on our staff and their ability to be an effective partner in recovery. The entire organization became trauma-informed as a result of this process, integrating new treatment options and shifting the organizational culture with clients and among staff. COGI submitted it’s application to the TIC assessment Committee in December 2017 and received the news that it had indeed been designated a North Central Trauma-Informed Care Center (NC TICC) in January 2018. The TIC assessment committee consists of individuals from Community Care Behavioral Health (CCBH) and the Behavioral Health Alliance of Rural Pennsylvania (BHARP). Along with the NC TICC designation, COGI received cash awards in recognition of the organization’s extraordinary efforts. A re-application will be submitted in December 2017 and if designated again as a NC TICC, COGI will be receive an additional cash award.

New PCCD Awards

COGI successfully submitted applications for two new projects to the Pennsylvania Commission on Crime and Delinquency in 2018. Both projects were favorably reviewed and awarded.

Schuylkill Re-Entry Partnership Initiative (SRPI)

In March 2018 COGI submitted an application for a Schuylkill County based Re-Entry project – Schuylkill Re-Entry Partnership Initiative (SRPI) - for 2017/18 Justice Assistance Grant (JAG) Local

Initiatives Funding through PCCD. The application was favorably reviewed in September 2018 and awarded October 1, 2018. The grant will support providing intensive forensic case management and peer support to 100 individuals releasing from the Schuylkill County Prison into county communities.

The goals of the SRPI are: 1) reduce the likelihood of recidivism; 2) increase access to substance use disorder treatment; and 3) improve family functioning. Identified needs to be addressed by the project include (but are not limited to): 1) warm hand-off to substance use disorder treatment; 2) linkage and monitoring of mental health treatment; 3) housing; 4) workforce development; 5) veterans services; 6) peer support; 7) family reunification; 8) linkage to Medicaid/ insurance; and 9) educational assistance.

Opioid Misuse Prevention Project

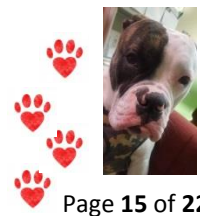
COGI was the lead applicant in an application for ROMPP: Raiders Opioid Misuse Prevention Project, a project funded by the Office of Justice and Delinquency Prevention, Pennsylvania Commission on Crime and Delinquency in November 2018. The application was successfully reviewed and awarded in December 2018. The project has an anticipated start date of January 1, 2019.

COGI will partner with the Tamaqua Area School District as the implementation site. Together COGI and the Tamaqua Area School District, along with valuable community partners including the Schuylkill County Drug and Alcohol Program (Schuylkill County SCA) and St. Luke's University Health System Miners Campus, will combine and leverage expertise, passion and the collective desire to prevent opiate use before it starts and reclaim the health and vitality of the entire Tamaqua community.



MEET THEODORE BEAR!

Boo Boo Bear became a big brother in 2018! Meet Theodore Bear, aka Teddy Bear. Teddy is an American Bulldog and he is already a COGI fan favorite. Teddy is playful and loving and he makes the day of anyone he sees. You can usually find Teddy napping in his mom's office, eating breakfast in the admin area, socializing in the waiting room or sitting on his chair in the reception area. And of course, Teddy loves Boo Boo Bear (and Boo Boo Bear tolerates Teddy).



COGI IN THE COMMUNITY

Motor Vehicle Safety 2018:

Life is Full of Distractions, Don't Let Them Happen Behind the Wheel

For the 5th consecutive year, COGI partnered with Schuylkill County's VISION to produce a Motor Vehicle Safety awareness campaign for youth in Schuylkill County to combat distracted driving. The theme for 2018 was "Life is Full of Distractions, Don't Let Them Happen behind the Wheel". The campaign emphasized that "it's only 5 seconds from OMG to 911". All 14 Schuylkill County high schools participated by reading public service announcements at their home football games and prominently displaying campaign banners at each high school football stadium.

Schuylkill County Prevention Needs Assessment

The Pennsylvania Department of Drug and Alcohol Programs has asked all Pennsylvania Single County Authorities (SCAs) to participate in a comprehensive Prevention (services) Needs Assessment. Each SCA convened a committee of SCA staff and community partners to work through the 18-month assessment process. COGI was asked to be a part of the team, along with individuals from St. Luke's University Health System, Schuylkill County Juvenile Probation and the SCA. In 2018, the committee surveyed the community for identified priorities and used Pennsylvania Youth Survey (PAYS) data, plus data collected by St. Luke's and other sources to prioritize our needs. Next steps into 2019 include convening focus groups to deep dive into each identified priority and contributing factor, assess existing resources and then match needs to existing services and identify gaps. The project is set to be completed in Fall 2019.

Day of Trauma, October 2018

Along with Schuylkill County's Mental Health Committee and Schuylkill County's VISION, COGI participated in a "Day of Trauma" educational event at the Fairlane Village in Pottsville. The day was planned to educate individuals, professionals and service providers about the importance of a

trauma-informed approach to wellness. COGI Executive Director Alicia Fleischut moderated the panel discussion.



Community Training - High in Plain Sight: Tall Cop Says Stop

The Schuylkill County Drug and Alcohol program and COGI were pleased to bring Officer Jermaine Galloway, aka "Tall Cop" (he's 6'9"!) to Schuylkill County with his day-long training, "High In Plain Sight – Tall Cop Says Stop". The training covered valuable information about current alcohol, drug and concealment trends and identifiers including alcohol/ drug clothing and symbols, popular party drugs, alcohol, drug containers and concealment methods, new alcohol/ drug related technology and social networking sites. Approximately 85 individuals attended the October 8, 2018 event, representing organizations list criminal justice, law enforcement, schools, treatment providers and social services.

COMMUNITY CONTINUED

Health Care Provider Dinner – Medication Assisted Treatment and Addiction

COGI's Center of Excellence hosted an evening of education and networking on June 14, 2018 at St. Nicholas Catering Hall in Pottsville, Pennsylvania. Every medical doctor and health care provider in Schuylkill County was invited to hear expert information about the experience of addiction and the various types of medication assisted treatment. The presenters included Mr. Shawn McGinley, COE Care Manager; Ilene K. Weizer, MD; and John W. Stefovich, MD, COGI Medical Director.



COGI SPIRIT

COGI staff love to celebrate success, holidays, achievements with each other and our clients. In 2018, the COGI staff was particularly on point for Halloween. Many of our clients and visitors also joined the fun.

Halloween



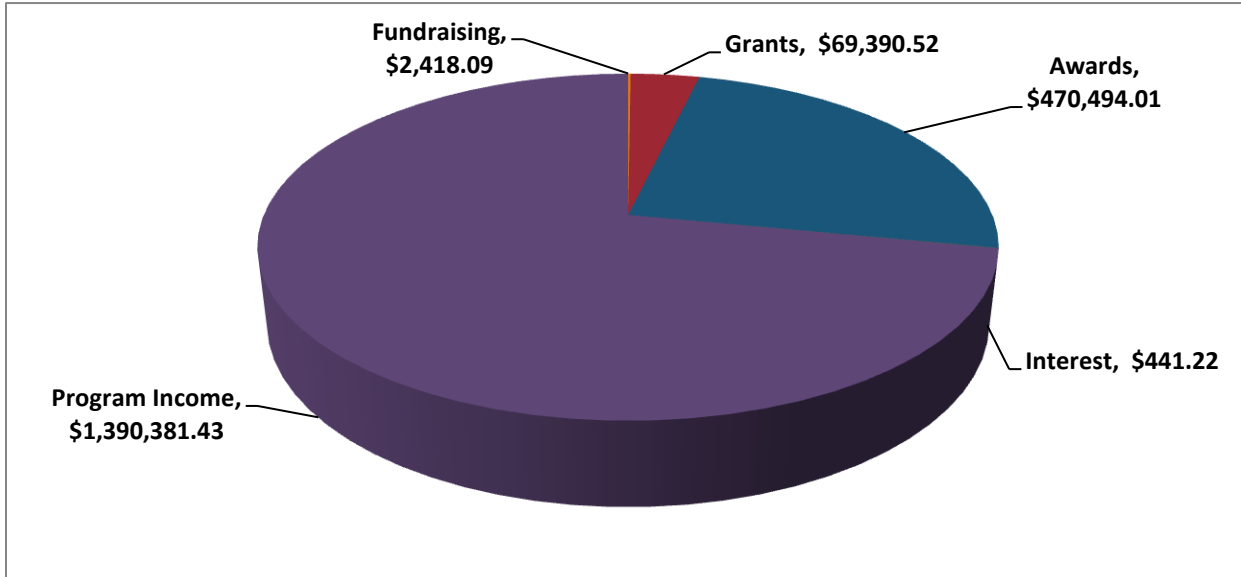
COGI SELF CARE

December 2018 ended a year of COGI focus on self-care. In order to celebrate our accomplishments and to remember the importance of self-care, COGI hosted its first self-care retreat for staff. The all day event included a nature activity, a lecture by a nutritionist and healthy lunch provided by the agency, an art activity, and laughter therapy. On the day of the retreat the agency closed to make it possible for all staff to attend. The purpose of the retreat was to promote self-care and to give staff the opportunity to practice different self-care techniques. By offering the retreat during work hours COGI hopes to emphasize that the agency prioritizes self-care and is willing to utilize agency resources (salaries, staff time) to promote self-care.



COGI 2018 Financial Information

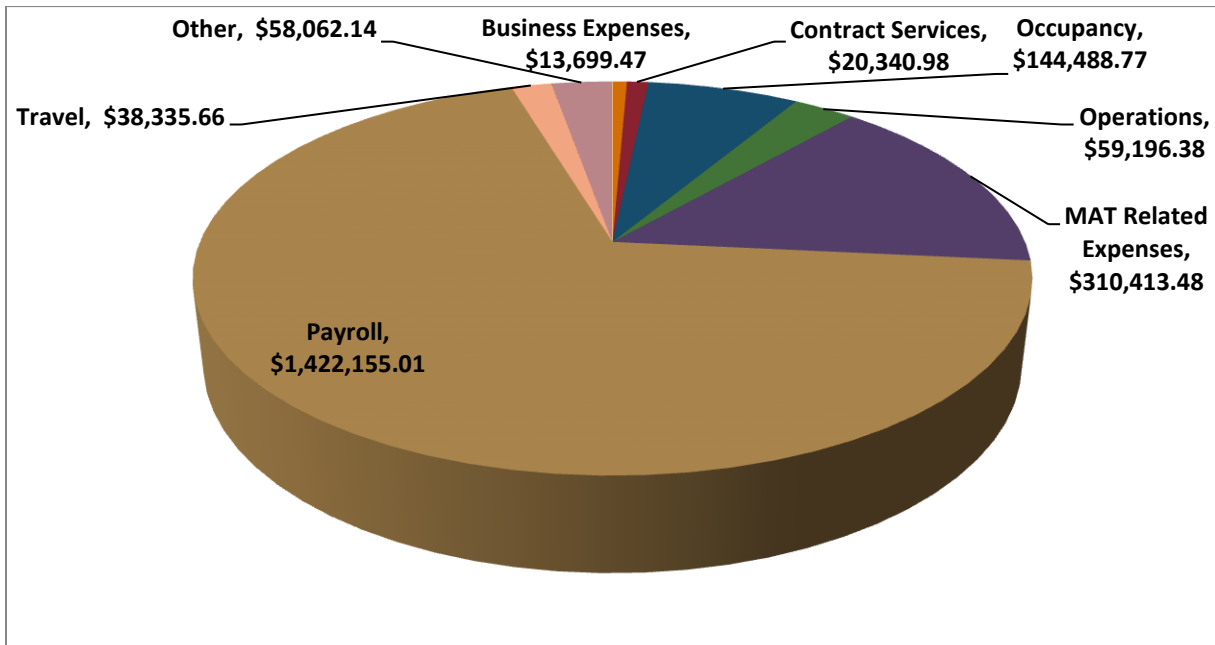
INCOME



Program Income Breakdown

82% Medicaid, 9% Private Insurance, 6% Single County Authority, 2% Self Pay, 1% Contracts

EXPENSES



TEAM COGI



For more information on COGI's programs, services and current news,
please visit our website site at:

www.COGInc.org

or Like us on Facebook at:



<https://www.facebook.com/pages/Clinical-Outcomes-Group-Inc/118990504817919?ref=hl>

